

Healthy Eating in Schools: After Schools Clubs

Food & drink provided at any **regular** school club that is held on the **school premises** after the last school session & **before 6pm** must meet the food & drink requirements for the **school day**, detailed on separate posters.

Suggested Food & Drink

- Fruit & vegetables must be provided if other food is available
- Cream crackers, oatcakes, water biscuits
- Cheese, cream cheese, cottage cheese
- Baked beans, mixed beans, hummus
- Sandwiches, baguettes, wraps
- Toast, bagels, English muffins
- Quiche, omelette, frittata
- Breakfast cereals
- Jacket potatoes
- Meat cuts, fish
- Yogurt
- Water
- Milk

For full details about the food & drink requirements & information about the nutritional standards for lunch refer to the Healthy Eating in Maintained Schools: Statutory Guidance for Local Authorities & Governing Bodies.

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