

Gwobr Ansawdd Genedlaethol
Rhwydwaith Cynlluniau Ysgolion Iach Cymru



Welsh Network of Healthy School Schemes
National Quality Award

National Quality Award Report

For

Ysgol Eyton

(5th Annual Review)

12th October 2017

Reported by Alan Williams

Introduction

Congratulations on achieving the **Fifth Annual Review** of the Welsh Network of Healthy School Schemes National Quality Award. We are pleased to confirm that Ysgol Eyton has demonstrated sustainability of all the criteria of the National Quality Award. These criteria are set out against 7 health topics:

1. Food and fitness (nutrition and physical activity)
2. Mental and emotional health and wellbeing, including staff wellbeing
3. Personal development and relationships, including sex and relationships education
4. Substance use and misuse, including alcohol, smoking, and drugs (legal, illegal, and prescription).
5. Environment, including eco-initiatives and improving the school and wider environment
6. Safety, including a variety of topics such as child protection, sun safety, internet safety, and first aid
7. Hygiene including across school and non-school settings

(For further information on the NQA criteria please visit <http://gov.wales/topics/health/improvement/schools/?lang=en>).

The criteria are supported by a number of underlying principles, namely:

- The importance of pupil participation in core areas of school life which directly affect the health and wellbeing of children and young people e.g. teaching and learning, environment, pastoral care
- The importance of the understanding and commitment to action of the whole school community
- The existence of a positive approach to health
- Equality
- Links to other relevant national and local programme and policies.

Schools that achieve the NQA are implementing wellbeing initiatives at the very highest level.

Summary of Visit

- Ysgol Eyton provides a very exciting and healthy environment for learning and teaching and all staff, governors, pupils and friends of the school should be justly proud of its achievements.
- The school's values state: '
 - We promote a strong sense of community underpinned by Christian values
 - We promote a healthy lifestyle by making independent and well informed choices
 - We provide a safe and secure environment to enable children to grow both morally and intellectually
 - We equip children with an understanding and respect of their own and others needs and achievements
 - We encourage children to be part of our community and to be actively involved in its development
 - We encourage children to value the heritage and culture of Wales
- The commitment of the present in-school co-ordinator, Miss Sam Jesson was effective with clear aims and objectives in place. Health and wellbeing is a key feature of the current School Improvement Plan.
- The school delivers a broad and balanced curriculum and the way the school has linked aspects of the healthy schools scheme is a notable strength.
- The school council and eco-committee are proactive in their actions and pupils' views are taken seriously and used to inform planning and development. Appropriate strategies such as circle time activities are adopted to push this agenda within the school.
- Parents are made to feel very welcome and the school is proud of its open door policy. The transition arrangements for new children and for the move to the junior school are a notable strength.

Food and fitness

Ysgol Eyton School has focused well on this aspect, offering an extensive variety of activities to support the healthy eating and fitness of pupils. The outside area offer opportunities throughout the school day to engage in physical activity supported by the *Green Time Project*. The WCBC Play Development Team project has been designed for schools and aims to improve children's and adult's subjective experience (perception) of play in these environments, guiding them in developing their understanding, policy and practice to make improvements which positively impact on children's ability to access time and space for freely chosen , personally directed play.

Mental and emotional health and wellbeing, including staff wellbeing

Mental and emotional health and wellbeing is at the heart of the ethos, values, culture and everyday life of the school, for both pupils and members of staff. Children regularly talk about their feelings and attitude to school and parent questionnaires are fed back to governors by the school council. Staff have attended '*Incredible Years*' training and one member of staff is a registered leader. School council have also been involved in the interview process of the Head teacher. A member of staff has attended Cruse Bereavement training.

There is weekly Yoga class provide for Staff, governors and parents in the evening at the school. The school choir performed in front of the Mayor and council dignitaries from across Wales at the WASACRE conference. (All Wales Statutory Advisory Committee for Religious education)

Personal Development and Relationships

The school makes excellent use of its environment in order to promote this aspect. There is a graduated, age related scheme of work in place for Sex and Relationships Education. These include naming the body parts and appropriate and inappropriate touching. Year 6 pupils take the lead for the buddy scheme which is fully embedded in the school. Family issues are dealt with on a 1:1 basis. NSPCC visited school to speak to pupils about keeping safe.

Substance Misuse

The policy on smoking is fully enforced on the school playground during fund raising events. The school prospectus which is on the website includes a statement about the teaching of substance misuse. Outside visitors include 'Don't Touch Tell', and North Wales Police.

Environment

This is a particular strength at the school and pupils participate in the efforts to improve the school and the wider environment. The Eco-committee involved with the plans for Green Britain Day. The pupils have worked with St Deiniol's church designing and creating a wildlife garden. Water saving schemes included the use of Hippo bags in the school toilets and taps have reduced power to save spray.

Safety

The school provides a range of activities to the pupils that involve other organisations including visits from North Wales Police to enhance the provision of www.schoolbeat.org. The forest school provides a challenge for risk assessment that is well addressed by the school. The staff received first aid refresher training as and when required. Staff agreed a ratio of 1:8 if possible on school trips (early years a little bit less). Cool boxes are also used to store packed lunches.

Hygiene

The hygiene policy conforms to current regulations and all the minimum standards are adhered to. (*All Wales Infection Prevention and Control for education Settings Guidance*). Lunch box trolley introduced to keep packed lunches safe. Aspects of hygiene are linked very well to the curriculum. Displays such as the 'Wash our Hands' succeed in reinforcing the healthy schools message in respect of hygiene. The school takes an active part in the Design to Smile scheme.

Areas for further consideration

Maintain current practise and consider adopting new healthy schools initiatives at the school's discretion; if it is felt that such initiatives would enhance the present provision.

For completion on behalf of the school:

I have read the accreditation report and agree with the outcome
Other

Comments:

Please complete the information below:

Head teacher: _____

Signature: _____

Date: _____

Co-ordinator: _____

Signature: _____

Date: _____

Please sign and return to:

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